spa at

theanna

Dear Guest,

Spa at Theanna aims to provide you a memorable spa experience, one that will refresh, rejuvenate and relax your body, mind and spirit.

It is best if you arrive at least five minutes before your scheduled treatment, so you can calm down and enjoy your welcome refreshment. As the pre-treatment will begin your journey to relaxation.

Please let us know in advance if you are pregnant or have any health concern or issues you would like to address during the treatment.

We would also like to advice you reservation of selected treatment are highly recommended as some treatment require special attention and extra time to prepare. Cancellation must be communicated at least 24 hours prior to your scheduled treatment to avoid 100% charge of the booked treatment.

Thank you for your kind attention and we hope you have a pleasant experience at Spa at Theanna.

Massage

Traditional Balinese

A full body massage that aims for deep relaxation using a combination of palm and thumb pressure, long strokes to relax the mind and body.
(Mild & Medium Pressure)
60' IDR 472.000
90' IDR 593.000

Theanna Signature

The perfect massage get rid of stressed in the mind and in body using a combination of massage techniques, Balinese strokes to improve circulation, Thai stretching for flexibility, Swedish deep tissue relieving muscle tension and lomi - lomi for good energy. (Strong Pressure)
90' IDR 650.000

Reflexology

Mind-soothing feet & leg massage to release toxin and restore energy flow in your body.
60' IDR 472.000
90' IDR 593.000

Ultimate Back Soother

Rejuvenate in a flash with a back massage continued to with a soothing back scrub.
45' IDR 350.000

Beauty

Holistic Facial

Experience youthful skin, this treatment is especially designed to strengthen, smooth and rejuvenate your skin. Leaving you younger looking, wrinkle and line free.

60' IDR 472.000

Mini Facial

30' IDR 351.000

Organic Body Scrub

30' IDR 351.000

Bath

Flower Bath For Two

A beautiful flower bath, fit for a king and queen

30' IDR 303.000

Bubble Bath For Two

A luxurious rose scented bubble bath accompanied with 1 bottle of wine, a tropical fondue set (fruits, cookies & melted chocolate) with roses and candles

60' IDR 999.000

Note: All baths must be taken in addition to other massage or treatment.

Luxurious Package

1. Down to Earth
Regenerate your body, mind, soul and leave feeling balanced and cleansed.

Aromatic Foot Wash 5'
Balinese Massage 90'
Body Scrub 25'

120' IDR 835.000

2. Theanna's Special: Bali Ritual
Experience authentic indigenous and deep healing that has been handed down through generation

Aromatic Foot Wash 5'
Balinese Massage 60'
Scrub 30'
Herbal/Floral Bath 25'
Mini Facial/Foot Massage 30'

150' IDR 1.209.000

3. Spa Recovery
A combination of beauty & balance, massage & facial will leave you glowing with radiance.

Aromatic Foot Wash 5'
Balinese Massage 90'
Facial 25'

120' IDR 884.000

4. Bubble Indulgence (for two)
Reconnect with your lovers and take your romance to the next level.

Couple Balinese Massage 90'
Bubble Bath for two 60'

This special treatment includes one bottle of wine & a tropical fondue set for two (fruits, cookies & melted chocolate), roses and candies

150' IDR 2.176.000

Products

MASSAGE OIL

Frangipani

Ingredients: Olive Oil, Fragipani Essential Oil
Benefit: Help relieve inflamation, headache, backpain and leaving skin soft

Balancing

Ingredients: Olive Oil, Lemon, Ginger Essential Oil
Benefit: Improve digestion, warm and nourshing skin

Green Tea

Ingredients: Olive Oil, Green Tea Essential Oil
Benefit: Relaxing, prevents aging and helps eliminate toxin

FACIAL PRODUCT

Ingredients: Yogurt, honey, sugar, almond oil, kaolin clay and green tea
Benefit: reduce wrinkle and fine line, fight acne and dark cicles, soothes sunburn, remove dead skin, rich in Vitamin E to renew skin cell.

Products

BODY SCRUBS

Lulur

Ingredients: Rice powder, tumeric and sandalwood powder

Benefit: A gentle exfoliater which clarifies, refine and help tired and dull looking skin

Green Tea

Ingredients: rice powder, green tea extract powder and green tea oil

Benefit: A great exfoliant, removing dead skin cell and leaving skin soft and smooth

Coffee

Ingredients: rice powder and coffee powder

Benefit: Anti inflammatory, reduction of cellulite and a gentle exfoliating agent, leaving skin smooth and glowing.